Blessings:

pg 4  Over arm-tefillin - Read 5th & 4th lines from bottom together in H & E
pg 4  Over head-tefillin - Read 3rd & 2nd lines from bottom together
pg 6  Over middle finger winding - Read top 2 lines together

Prayers (where the Tallit and Tefillin are acknowledged)

pg 54 - Baruch Sheamar
- During recitation, hold the two front tzitzit of the tallit in the right hand, and at its conclusion kiss the tzitzit and release them.
- Stand and sing in its entirety, kiss together at end.

pg 80 - Ashrei
- It is customary to touch the arm-tefillin while saying the first half of the Poteiach verse, and the head-tefillin while saying the second.
- Just sing the one Poteiach line to Ashrei tune, touch, and kiss together, then read and kiss the line in English.

pg 96 - Barchu
- Touch the arm-tefillin at Yotzer Or, and the head-tefillin at Uvorei Choshech.
- Sing top 4 lines together, kiss appropriately, then translate and kiss in English

pg 98 - Ahavah Rabbah
- At Vahavieinu Leshalom, gather the four tzitzit between the fourth and fifth fingers of the left hand. Hold tzitzit in this manner throughout Shema.
- Sing bottom 4 lines to Hatikvah tune while gathering tzitzit.

pg 100 - Shema
- In Veahavta, touch the arm-tefillin at Ukshartam..., and the head-tefillin at Vehayu Letotafot..then kiss your fingertips.
- Cover eyes and sing Shema out loud, Baruch Sheim silently, then sing Vehavta with the Torah trop and kissing. Do in English with kissing, also.
- In Vehaya, touch the arm-tefillin at Ukshartem..., and the head-tefillin at Vehayu Letotafot… then kiss your fingertips.
- Read just top line on 102 in Hebrew with kissing, then in English with kissing.
- Before reciting Vayomer, the tzitzit, which have been held in the left hand, are taken in the right hand also. The tzitzit are kissed at each mention of the word tzitzit, and at the end of the paragraph, and are passed before the eyes at Uritem Oto.
- Sing 3rd paragraph of Shema together with Torah trop, kissing, and passing before eyes, in Hebrew and English.

pg 152 - Ashrei
- It is customary to touch the arm-tefillin while saying the first half of the Poteiach verse, and the head-tefillin while saying the second.
- Sing in its entirety, kiss appropriately, then translate only Poteiach line into English for one last kiss.