2013–2015 Torch Awards - Application

Before you submit this application, please print out and review the "2015 Torch Awards Overview," available on the FJMC website.

Please complete the following information. The font for all submissions should be Times New Roman. Please embed photographs of your program into this file. This completed document will be submitted to us as a Word file, named in the format: “FJMC TA 2015_ChapterName_ProgramName.doc”

Please email your completed application to: torchaward.fjmc.2015@gmail.com. If you have difficulty, please contact the Torch Award Co-Chairs for assistance at the above email address.

Clubs participating must be in good standing as of March 31, 2015 (Club dues and Membership list received by FJMC). Programs to be considered for an award must have taken place between April 1, 2013 and April 15, 2015. Entries must be received by April 22, 2015.

Section 1: Title

Club Name: The Emanuel Synagogue Brotherhood
Current Contact: Don Miller
Program Name: The Health & Wellness Series

Section 2: Contact information

Person completing form
First Name: Don
Last Name: Miller
E-Mail: donmiller@kualumni.org

Club President at time of Convention
First Name: Ken
Last Name: Malley
E-Mail: malleyks@gmail.com

Current Club President
First Name: Don
Last Name: Miller
E-Mail: donmiller@kualumni.org
Section 3: Category

Please choose up to two (2) selections. Please note, you can only win in one category. The co-chairs reserve the right to reclassify your program.

☐ Club Administration
☐ Community Outreach
☐ FJMC Other
☐ Fundraising
X Health and Wellness
☐ Hearing Men’s Voices
☐ Jewish Observance
☐ Israel / Masorti
☐ Keruv
☐ Men's Club Shabbat
☐ Programming for Younger Men
☐ Shomrei Ha’aretz
☐ Synagogue Service Project
☐ World Wide Wrap
☐ Youth Programming
☐ Shoah Yellow Candle
☐ I’m not sure, select for our club
☐ Best Overall Activities **To apply for this award, please see specific instructions in “2015 Torch Award Overview,” available on FJMC website**

Section 4: Program overview

Brief Summary - Please explain your program in 2-3 sentences.

Over several months we had speakers from the medical profession at our breakfasts. The common theme of these speakers was advances in medicine, prevention and early detection of disease.

Detailed Summary - Please answer the following questions. Be as detailed as possible.

• What were the goals of your program? Are there specific problems or challenges that it addresses?
• How does your program enhance the image of FJMC, your region, and your club?
• What is its value in building or strengthening your club?
• Who is your target audience? (i.e. congregation at large, chapter, community)?
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- How does your program support FJMC’s mission, Involving Jewish Men in Jewish Life?
- Describe the source of your program and its unique aspects. Is this an original program or an adaptation or enhancement of a previous program (if so, which one)?
- Please attach planning and marketing materials, as well as budgetary planning so the program can be replicated by other clubs.

The goals of our program were to educate our members on advances in health care, prevention and early detection. Men tend to be reluctant to seek out preventative medical help until a medical condition develops.

Our series of speakers presenting relevant information on medical issues enhances our club’s and the FJMC image by presenting relevant topics of interest to men. It is important to continue to get the message out about health issues and prevention.

Our club members in particular and our synagogue membership in general benefit by being exposed to these important medical topics. All of our Brotherhood breakfasts are open to our entire synagogue and the community as a whole.

Our breakfast speaker program on important issues in health care directly supports the FJMC mission to involve Jewish men in Jewish life. We are educating our membership and the community at large to important changes in health care that enables people to become proactive in their health care.

Speaker programs are not unique to our Brotherhood. What makes our speaker program unique is that we explore several themes throughout the year. In addition, we always connect our speaker programs to a free breakfast with a twist. We invite those present to become breakfast sponsors and to honor or memorialize someone. We then publish the names of the sponsors and the reason for sponsoring in the synagogue bulletin. This way we get to know each other and share in each other’s simchas and losses.

Topics covered in this series were:

January 12, 2014: Minimally Invasive Interventional Radiology by Dr Michael Hallisey

September 21, 2014: Metabolism & Weight Loss by Dr. Jonathan Goodman

November 16, 2014: Prevention, Diagnosis & Treatment of Abdominal Aortic Aneurysm and Carotid Artery Disease by Dr. James Menzoian

Program Planning / Timeline - Please provide a timeline of the key tasks, participants, and responsibilities required in order to make this program work. This may be provided as an inserted...
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We begin planning in the Spring with a synagogue wide calendar meeting where dates are secured for our breakfasts. Once dates are secured we begin the process of contacting potential speakers on topics that we feel would be of interest to our membership and our synagogue community at large. Once speakers are secured, we obtain their bio and any other information that they would like us to include in publicity. We have several outlets for publicity: synagogue bulletin (which has the longest lead time), local papers (both Jewish and secular), synagogue mailing, and synagogue and Brotherhood e-blasts.

<table>
<thead>
<tr>
<th>TASK</th>
<th>COMMITTEE/ASSIGNEE</th>
<th>DUE DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secure breakfast dates</td>
<td>President/ExVP</td>
<td>May/June</td>
</tr>
<tr>
<td>Secure speakers</td>
<td>Program chair</td>
<td>July/August</td>
</tr>
<tr>
<td>Obtain bios and information</td>
<td>Program chair</td>
<td>July/August</td>
</tr>
<tr>
<td>Prepare bulletin publicity</td>
<td>Program chair</td>
<td>2 months prior to bulletin</td>
</tr>
<tr>
<td>Prepare flyer for mailing</td>
<td>Program chair</td>
<td>1 month prior to mailing</td>
</tr>
<tr>
<td>Prepare info for newspapers</td>
<td>Program chair</td>
<td>1 month prior to publication</td>
</tr>
<tr>
<td>Submit e-blast info</td>
<td>Program chair</td>
<td>1 week prior to e-blast</td>
</tr>
<tr>
<td>Organize breakfast list</td>
<td>Master Cook</td>
<td>1 week prior to breakfast</td>
</tr>
<tr>
<td>Shop for food</td>
<td>Master Shopper</td>
<td>Week prior to breakfast</td>
</tr>
<tr>
<td>Call for breakfast help</td>
<td>Chief Cheering Officer [CCO]</td>
<td>Week prior to breakfast</td>
</tr>
<tr>
<td>Prepare room for breakfast</td>
<td>Committee of helpers</td>
<td>Day of breakfast</td>
</tr>
<tr>
<td>Prepare breakfast</td>
<td>Committee of cooks</td>
<td>Day of breakfast</td>
</tr>
<tr>
<td>Donation forms on tables</td>
<td>Committee of helpers</td>
<td>Day of breakfast</td>
</tr>
<tr>
<td>Motzi</td>
<td>Appointed by President</td>
<td>Start the breakfast @ 9am</td>
</tr>
<tr>
<td>Announce sponsorships</td>
<td>President/CCO</td>
<td>9:10am</td>
</tr>
<tr>
<td>Introduce speaker</td>
<td>President/CCO</td>
<td>9:30am</td>
</tr>
<tr>
<td>Q&amp;A</td>
<td>Speaker</td>
<td>10:30am</td>
</tr>
<tr>
<td>Thank speaker &amp; attendees</td>
<td>President</td>
<td>11:00am</td>
</tr>
<tr>
<td>Clean Up</td>
<td>Committee of helpers</td>
<td>11:15am</td>
</tr>
<tr>
<td>Donor sheets to ExVP</td>
<td>ExVP</td>
<td>11:15am</td>
</tr>
<tr>
<td>Donation to Treasurer</td>
<td>Treasurer</td>
<td>11:15am</td>
</tr>
</tbody>
</table>
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Section 5: Certification

I certify that my club has not won a Gold Torch Award for essentially the same program in a previous year. (Previous silver and bronze winners in this category that submit an enhanced application only qualify to be considered for a Gold Torch award.)

Certification: Initials: DNM

Section 6: Pictures

For all non-Shabbat programs, please attach photographs of your program.
JANUARY 12 2014  
- 9:00 am

Emanuel synagogue BROTHERHOOD 
SUNDAY BREAKFAST/SPEAKER 
PROGRAM

Featuring

MICHAEL HALLISEY, MD 
CHIEF INTERVENTIONAL RADIOLOGY 

DR HALLISEY WILL DISCUSS THE LATEST & UPCOMING PROCEDURES 
THAT CAN BE DONE MINIMALY INVASIVELY

EVERYONE IS INVITED TO ATTEND THIS FREE EVENT-
BUFFET BREAKFAST SERVED AT 9 am-JUST COME-NO 
NEED TO RSVP

DONMILLER@KUALUMNI.ORG FOR MORE INFO
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NOVEMBER 16, 2014 9:00 AM
EMANUEL BROTHERHOOD SUNDAY BREAKFAST/SPEAKER PROGRAM
FEATURING JAMES O. MENZOIAN MD
Professor, Department of Surgery University of Connecticut Health Center

Dr. Menzoian specializes in Vascular Surgery at UCONN HEALTH. He will talk about the prevention, diagnosis & treatment of Abdominal Aortic Aneurysm and Carotid Artery Disease.

EVERYONE IS INVITED TO ATTEND THIS FREE EVENT.
BUFFET BREAKFAST SERVED AT 9AM.
No need to RSVP
For more information: DONMILLER@KUALUMNI.ORG
EMANUEL SYNAGOGUE 160 MOHEGAN DRIVE WEST HARTFORD, CT

www.emanoelsynagogue.org
Section 7: Video

If possible, we ask that you please create a 3-5 minute video describing your program. Feel free to be creative in your submission, but try to include the following components:
- brief introduction, including name and goal of the program
- how did you encourage participation in the program
- how did you make the program meaningful to participants
- impact of the program to your club, synagogue and community

**DO NOT ATTACH VIDEO TO THIS APPLICATION.** Files are to be uploaded directly to YouTube, named in the following format:

“FJMC Torch Awards 2015_ChapterName_ProgramName_#”

Please review detailed instructions in the document “2015 Torch Award Overview.”