

## 2013–2015 Torch Awards - Application

**Before you submit this application, please print out and review the "2015 Torch Awards Overview," available on the FJMC website.**

Please complete the following information. The font for all submissions should be Times New Roman. Please embed photographs of your program into this file. This completed document will be submitted to us as a Word file, named in the format: "FJMC TA 2015\_ChapterName\_ProgramName.doc"

Please email your completed application to: [torchaward.fjmc.2015@gmail.com](mailto:torchaward.fjmc.2015@gmail.com). If you have difficulty, please contact the Torch Award Co-Chairs for assistance at the above email address.

Clubs participating must be in good standing as of March 31, 2015 (Club dues and Membership list received by FJMC). Programs to be considered for an award must have taken place between April 1, 2013 and April 15, 2015. Entries must be received by April 22, 2015.

### Section 1: Title

Club Name: The Emanuel Synagogue Brotherhood  
Current Contact: Don Miller  
Program Name: The Health & Wellness Series

### Section 2: Contact information

Person completing form  
First Name: Don  
Last Name: Miller  
E-Mail: [donmiller@kualumni.org](mailto:donmiller@kualumni.org)

Club President at time of Convention  
First Name: Ken  
Last Name: Malley  
E-Mail: [malleyks@gmail.com](mailto:malleyks@gmail.com)

Current Club President  
First Name: Don  
Last Name: Miller  
E-Mail: [donmiller@kualumni.org](mailto:donmiller@kualumni.org)

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### Section 3: Category

Please choose up to two (2) selections. Please note, you can only win in one category. The co-chairs reserve the right to reclassify your program.

- Club Administration
- Community Outreach
- FJMC Other
- Fundraising
- Health and Wellness
- Hearing Men’s Voices
- Jewish Observance
- Israel / Masorti
- Keruv
- Men's Club Shabbat
- Programming for Younger Men
- Shomrei Ha’aretz
- Synagogue Service Project
- World Wide Wrap
- Youth Programming
- Shoah Yellow Candle
- I’m not sure, select for our club
- Best Overall Activities** \*\*To apply for this award, please see specific instructions in “2015 Torch Award Overview,” available on FJMC website\*\*

### Section 4: Program overview

**Brief Summary** - Please explain your program in 2-3 sentences.

Over several months we had speakers from the medical profession at our breakfasts. The common theme of these speakers was advances in medicine, prevention and early detection of disease.

**Detailed Summary** - Please answer the following questions. Be as detailed as possible.

- What were the goals of your program? Are there specific problems or challenges that it addresses?
- How does your program enhance the image of FJMC, your region, and your club?
- What is its value in building or strengthening your club?
- Who is your target audience? (i.e. congregation at large, chapter, community)?

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- How does your program support FJMC's mission, Involving Jewish Men in Jewish Life?
- Describe the source of your program and its unique aspects. Is this an original program or an adaptation or enhancement of a previous program (if so, which one)?
- Please attach planning and marketing materials, as well as budgetary planning so the program can be replicated by other clubs.

The goals of our program were to educate our members on advances in health care, prevention and early detection. Men tend to be reluctant to seek out preventative medical help until a medical condition develops.

Our series of speakers presenting relevant information on medical issues enhances our club's and the FJMC image by presenting relevant topics of interest to men. It is important to continue to get the message out about health issues and prevention.

Our club members in particular and our synagogue membership in general benefit by being exposed to these important medical topics. All of our Brotherhood breakfasts are open to our entire synagogue and the community as a whole.

Our breakfast speaker program on important issues in health care directly supports the FJMC mission to involve Jewish men in Jewish life. We are educating our membership and the community at large to important changes in health care that enables people to become proactive in their health care.

Speaker programs are not unique to our Brotherhood. What makes our speaker program unique is that we explore several themes throughout the year. In addition, we always connect our speaker programs to a free breakfast with a twist. We invite those present to become breakfast sponsors and to honor or memorialize someone. We then publish the names of the sponsors and the reason for sponsoring in the synagogue bulletin. This way we get to know each other and share in each other's simchas and losses.

Topics covered in this series were:

January 12, 2014: Minimally Invasive Interventional Radiology by Dr Michael Hallisey

September 21, 2014: Metabolism & Weight Loss by Dr. Jonathan Goodman

November 16, 2014: Prevention, Diagnosis & Treatment of Abdominal Aortic Aneurysm and Carotid Artery Disease by Dr. James Menzoian

Program Planning / Timeline - Please provide a timeline of the key tasks, participants, and responsibilities required in order to make this program work. This may be provided as an inserted

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table or you may replace and insert as an embedded Excel spreadsheet. Please be as detailed as possible, so that other groups may replicate your success.

We begin planning in the Spring with a synagogue wide calendar meeting where dates are secured for our breakfasts. Once dates are secured we begin the process of contacting potential speakers on topics that we feel would be of interest to our membership and our synagogue community at large. Once speakers are secured, we obtain their bio and any other information that they would like us to include in publicity. We have several outlets for publicity: synagogue bulletin (which has the longest lead time), local papers (both Jewish and secular), synagogue mailing, and synagogue and Brotherhood e-blasts.

TASK	COMMITTEE/ASSIGNEE	DUE DATE
Secure breakfast dates	President/ExVP	May/June
Secure speakers	Program chair	July/August
Obtain bios and information	Program chair	July/August
Prepare bulletin publicity	Program chair	2 months prior to bulletin
Prepare flyer for mailing	Program chair	1 month prior to mailing
Prepare info for newspapers	Program chair	1 month prior to publication
Submit e-blast info	Program chair	1 week prior to e-blast
Organize breakfast list	Master Cook	1 week prior to breakfast
Shop for food	Master Shopper	Week prior to breakfast
Call for breakfast help	Chief Cheering Officer [CCO]	Week prior to breakfast
Prepare room for breakfast	Committee of helpers	Day of breakfast
Prepare breakfast	Committee of cooks	Day of breakfast
Donation forms on tables	Committee of helpers	Day of breakfast
Motzi	Appointed by President	Start the breakfast @ 9am
Announce sponsorships	President/CCO	9:10am
Introduce speaker	President/CCO	9:30am
Q&A	Speaker	10:30am
Thank speaker & attendees	President	11:00am
Clean Up	Committee of helpers	11:15am
Donor sheets to ExVP	ExVP	11:15am
Donation to Treasurer	Treasurer	11:15am

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### Section 5: Certification

**I certify that my club has not won a Gold Torch Award for essentially the same program in a previous year.** (Previous silver and bronze winners in this category that submit an enhanced application only qualify to be considered for a Gold Torch award.)

Certification: Initials:   DNM  

### Section 6: Pictures

For all non-Shabbat programs, please attach photographs of your program.

JANUARY 12 2014 9:00 am

Emanuel synagogue BROTHERHOOD  
SUNDAY BREAKFAST/SPEAKER  
PROGRAM

Featuring

MICHAEL HALLISEY, MD

CHIEF INTERVENTIONAL RADIOLOGY



DR HALLISEY WILL DISCUSS THE LATEST & UPCOMING PROCEDURES  
THAT CAN BE DONE MINIMALLY INVASIVELY

EVERYONE IS INVITED TO ATTEND THIS FREE EVENT-  
BUFFET BREAKFAST SERVED AT 9 am-JUST COME-NO  
NEED TO RSVP

[DONMILLER@KUALUMNI.ORG](mailto:DONMILLER@KUALUMNI.ORG) FOR MORE INFO

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**NOVEMBER 16, 2014 9:00 AM**

**EMANUEL BROTHERHOOD SUNDAY  
BREAKFAST/SPEAKER PROGRAM**

**FEATURING JAMES O. MENZOIAN MD**

**Professor, Department of Surgery University of Connecticut Health Center**



Dr. Menzoian specializes in Vascular Surgery at UCONN HEALTH. He will talk about the prevention, diagnosis & treatment of Abdominal Aortic Aneurysm and Carotid Artery Disease.

**EVERYONE IS INVITED TO ATTEND THIS FREE EVENT.  
BUFFET BREAKFAST SERVED AT 9AM.**

No need to RSVP

For more information: [DONMILLER@KUALUMNI.ORG](mailto:DONMILLER@KUALUMNI.ORG)  
EMANUEL SYNAGOGUE 160 MOHEGAN DRIVE WEST HARTFORD, CT

[www.emanuelsynagogue.org](http://www.emanuelsynagogue.org)

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### Section 7: Video

If possible, we ask that you please create a 3-5 minute video describing your program. Feel free to be creative in your submission, but try to include the following components:

- brief introduction, including name and goal of the program
- how did you encourage participation in the program
- how did you make the program meaningful to participants
- impact of the program to your club, synagogue and community

**DO NOT ATTACH VIDEO TO THIS APPLICATION.** Files are to be uploaded directly to YouTube, named in the following format:

“FJMC Torch Awards 2015\_ChapterName\_ProgramName\_#”

**Please review detailed instructions in the document “2015 Torch Award Overview.”**